

HEAD ENERGY

Be successful with organizational changes

Siigurd



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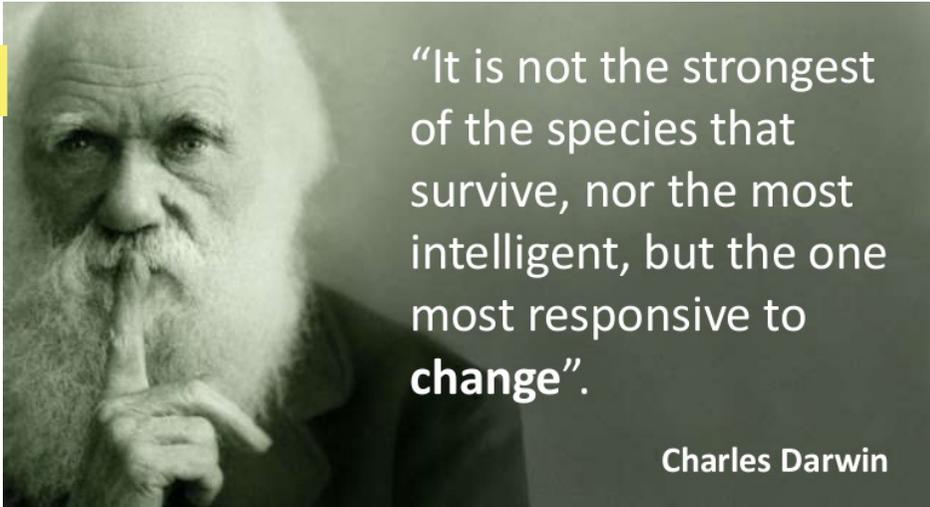


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Selected organizations



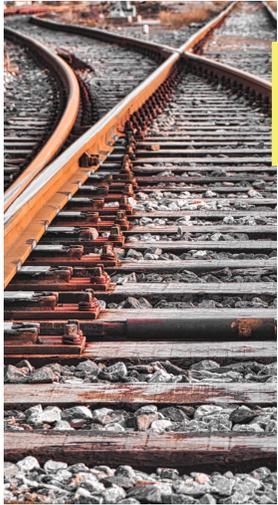
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“It is not the strongest of the species that survive, nor the most intelligent, but the one most responsive to change”.

Charles Darwin

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Change on a burning desire, not a burning platform

Unlimited companies, is when working for a meaningful cause becomes a magnet for talented people looking for a first-class place to work.

The purpose is an eternal guiding star on the horizon; not to be confused with specific goals or business strategies.

Focuses on making a difference in society

If you run the business alone to make money, you risk ending up in a downward spiral, which can ultimately end the business. Profit is a means to an end, not an end in itself.

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Relatedness

As two companies we
at both good - but
**together we will be
great and outstanding**

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... realizing our strengths
through a compelling
future is the direct path to
optimal development ...



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Energy - In short

Energy is an abstract concept. For humans, **it is the vital energy in the cells that keeps you alive.** We use energy to move, think and hold approx. 37 ° C. The energy comes from what we eat and drink.

Energy is something that can make something move and do a job.

If you are in **mental balance**, and you feel good about yourself, **your actions will be enthusiastic and full of energy.**

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Powerful body posture

Immediately affects our thoughts, feelings and behaviors

↑ Testosterone increases 20%

↓ The stress hormone,
cortisol, level drops 25%

↑ Risk tolerance increases
by 33%

Harvard University, Professor Amy Cuddy



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Focus points that provide energy

- ☛ Did you know that focusing on energizing strengths increases personal performance by about 30%
- ☛ Did you know that positivity gives energy and gives four times greater chance of success than average
- ☛ Did you know that success is 80% psychology and 20% mechanics

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HEAD
ENERGY

- ✓ One step ahead. Change survive with a burning desire.
- ✓ Create a compelling and challenging future: One reason we need to use our skills.
- ✓ Make it a goal to become energy rich.
Creating energy is a habit.

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